Welcome

H.A.N.A.I. Training
For Resource Families

Introductions

H.A.N.A.I Trainer

Housekeeping Information

- Video/Audio Guidelines
- Confidentiality
- Participation & Discussion (Unmute, Chat Box)
- Break
- Silence Cell Phones/No Texting
- Parking Lot: For Questions –Raise hand/Unmute/Chat Box
- Other Workers (Hui Ho`omalu)

Introductions

Name

Child Specific

- **How long have you been fostering? What are the ages of the children?**

General License

- **Why are you interested in being a Resource Family? What ages are you interested in caring for?**

Interstate Compact Placement for Children (ICPC)

- **How long have you been in the licensing process? What are the ages of the children?**

What do you hope to learn in this training?

Catholic Charities Hawai'i –

Statewide Resource Families (SRF) Program

SRF Program is part of a collaboration headed by the State Department of Human Services (DHS) to serve Resource Families in partnership with Partners in Development Foundation (PIDF), Family Programs Hawaii (FPH), and Catholic Charities Hawai'i

Licensing Process

- Licensing Documents
- Assessment – Home Study
- Training

H.A.N.A.I. Training

H – Hawai`i
A – Assures
N – Nurturing
A – And
I – Involvement

For all Children in the Hawaii State Department of Human Services, Child Welfare Services Foster Care System

Hanai Na Kamali'i - "Nurture the children"

Goals of H.A.N.A.I. Training

- Prepare for the realities of caring children in out-of-home care.
- Prepare families for caring for the special needs of children in care.
- To become familiar with foster care rules and regulations.
- To provide information to help with successful placements.
- To understand what children need
- To help you make an informed decision about becoming a resource family.

H.A.N.A.I.

The H.A.N.A.I Training includes
(In-Class & Prudent Parenting DVD/Online)

Topics to be covered:

- Understanding the Department of Human Services (DHS)
- The Role of the Resource Family
- Prudent Parenting
- Working as a member of the Child Welfare Team
- Working with Birth Families
- Impact of Abuse and Neglect
- Sexual Abuse
- Separation, Loss, and Grief
- Understanding Human Development
- Attachment
- Cultural Considerations
- Normalcy
- Visitation
- Appropriate Discipline and Positive Parenting
- Reunification and Transition

Guidelines for H.A.N.A.I.

- All Resource Caregivers are required to complete all in-class training & Prudent Parenting DVD/Online.
- All families are required to submit Prudent Parenting Assessment Addendum by last in-class training.
- The H.A.N.A.I Guide is yours to keep, bring it to every session.

Teamwork Agreement

- Confidentiality
- Flexibility
- Humor
- Friendship and ‘Ohana
- Ownership – 100 % Everyone
- Sensitivity
- Time is valuable
- Expectation to learn and succeed
- Respecting opinions, viewpoints, and feelings
- Attendance is mandatory
- Discussion is NEEDED
- Opening your mind to new ideas and experiences
- Participation and Cooperation
- Team Players

Role of the Resource Family

What is A Resource Family?

- Resource Families are service providers for the State which includes the following:
- Provide a safe home for children in care.
- Maintain family connection and support State's efforts to reunify children with their birth families, if it is safe to do so.
- They support the State's efforts to find appropriate relative who are willing to adopt the children, when reunification is not possible.

What is a Resource Family?

Resource families help keep families together for the sake of the children.

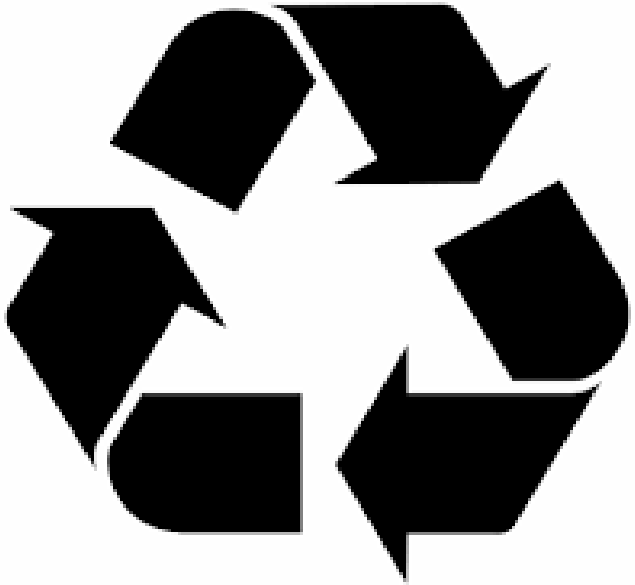
They have a temporary relationship to a child and his/her family.

If Something Happened to You Today, What Characteristics Would You Want The Family That Takes Care of Your Child to Have?

Understanding How We Feel About Birth Parents

Birthparent

Child



Resource Caregiver

Understanding How We Feel About Birth Parents

Things to Consider:

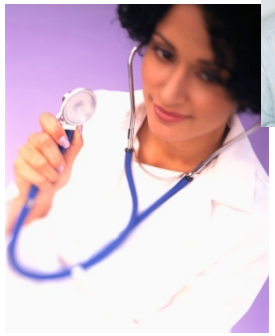
- Children love their parents NO MATTER WHAT.
- Speak respectfully about the birth parents
- Respect items given to the child by their birth parents.
- Resource families should make efforts to develop a relationship with the birth parents.

Kokua Family Activity

- Who are the Team Players?

Child Welfare Team

- Child
- Birth family and child
- DHS Workers
- Resource Family
- GAL/VGAL
- Attorneys
- Therapists/counselors
- Teachers/Principals/Surrogate Parent
- Physicians/Health Care Providers
- Judge
- Other service providers



Working With The Team

- The Child
- The System
- The Birth Family
- The GAL/VGAL
- The Therapist
- Teachers
- Family Court Hearings
- Your Own Family

What Children Need

Needs of Children Who Have Experienced Abuse and/or Neglect

- Physical Abuse – Need to feel and be safe.
- Psychological Abuse – Building identity, role modeling, and sense of self.
- Sexual Abuse – Need to feel safe and develop appropriate relationships.
- Neglect – Need their basic needs met, consistency & stability, and predictability.

The Effects of Abuse and Neglect

Impact of Abuse and Neglect

- Physical Consequences
- Psychological Consequences
- Behavioral/Societal Consequences

The Effects of Child Maltreatment

- Developmental, Speech, Language Delays
- Eating, Sleeping Problems
- Bedwetting or Toilet-related Problems
- Failure to Thrive
- Limited Basic Hygiene Skills
- Problems with Feelings
- Physical Problems
- Attention Seeking Behaviors
- Boundary Issues

The Effects of Child Maltreatment

- Parentified
- Lack of Trust
- Feeling Unsafe
- Behavior Problems
- Aggressive Behaviors
- Fearfulness
- Chronic Depression and Anxiety
- Guilt, Shame, Anger
- Age-Appropriate Socialization
- Lying and Stealing

The Effects of Child Maltreatment

Not all abused and neglected children will experience long-term consequences. Outcomes of individual cases vary widely and are affected by a combination of factors including:

- The child's age and developmental status when the abuse and neglect occurred
- The type of abuse (physical abuse, neglect, sexual abuse, etc.)
- Frequency, duration, and severity of abuse
- Relationship between the victim and his or her abuser (Chalk, Gibbons, & Scarupa, 2002)

Compassion Fatigue

- Also known as Secondary Traumatic Stress Disorder
- A natural consequences of stress resulting from caring for and helping traumatized or suffering people or animals

Figley, 1993

H.A.N.A.I. Training
Thank you for coming

- Questions about the licensing process?
- Watch Prudent Parenting DVD/Video.
- Thank you for your interest and commitment to helping children and families.